



WELCOME TO ACCESSIBLE COUNSELLING THERAPIES

Accessible Counselling Therapies (ACT) is a low cost counselling option available to people who ordinarily may not be able to afford counselling.

Following an initial assessment done by an experienced practitioner, your patient will then have access to a trainee therapist or a newly qualified therapists either via the telephone or face-to-face.

Offering a high standard of therapy, these therapists will complete vital field experience and log placement hours, whilst your patients will be able to use their services for a nominal fee.



**AAP launch brand
new low cost
counselling service**

**Opening up
counselling for
everyone**

**Access to trainee
therapists or newly
qualified therapists**

**Monitored and
supervised by
accredited
therapists and our
Clinical Director**

**Contact us for more
information**

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